



widya

# wish

## MANUAL BOOK

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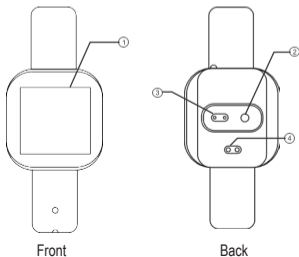
[http://bit.ly/wish\\_manual](http://bit.ly/wish_manual)

## Product information

WISH (Widya Smart and Health Watch) is a smart watch based on Artificial Intelligence (AI), which can be used as a health monitoring tool and records health reports for its users and is integrated with smartphones via Bluetooth. In addition, users can also consult either via chat or video call with the chosen Health Application to ask about their health condition.

- The smartwatch must be charged at least 2 hours before use
- To make it easier for users to find smartwatch, it is equipped with the "Find a Watch" feature.
- To avoid misuse of smartwatch by non-smartwatch owners, smartwatch is equipped with an "Unbind Device" feature.
- This feature requires that the smartwatch can only be connected in one application. Therefore, if the smartwatch is to use with another application, firstly the user must "Unbind the Device".

## WISH Component:



- Touch Screen** : Used to operate the menu in smartwatch.
- Temperature Sensor** : Calculates the temperature at the wrist and converts it to body temperature.
- Heart rate sensor** : Calculate heart rate.
- Charging Port** : Charging the battery.
- Smartwatch lock Strep** : Firmly tightens the smartwatch to the wrist.
- Touch up – down** : To move from one menu to another.
- Right Touch** : To return to the previous menu.
- Hold 3 seconds** : For some operations such as turning the device on and off, changing the smartwatch display screen, calculating temperature, stopping the exercise timing process.

### **Description of WISH Features:**

1. **Sleep Monitor**  
This feature is using for measuring the length of sleep.
2. **Body Temperature**  
This feature is using for measuring body temperature.
3. **Heart Rate**  
This feature is using for measuring heart rate.
4. **Blood Pressure**  
This feature is using for measuring blood pressure.
5. **Blood Oxy**  
This feature is using for measuring the oxygen level in the blood.
6. **Blood Sugar**  
This feature is using for measuring blood sugar levels.
7. **Cholesterol**  
This feature is using for measuring cholesterol levels.
8. **Stress Level**  
This feature is using for measuring the level of stress.

## **9. Outdoor Activities**

This feature is using for recording outdoor activities such as running, walking, fitness, etc. The data is in the form of statistical graphs of external activities. Equipped with features Running Plan, Running History, Fat Burning Report and Health Report. To start recording, click "Start Exercising".

## **10. Tongue Image Analysis**

This feature is using for performing tongue analysis independently. To use this feature, simply by taking a photo of the tongue directly or by uploading the tongue file available on the smartphone device. Perform an assessment test after successfully uploading the tongue photo. The analysis results in the form of a tendency to a disease including COVID-19 based on 4 (four) parameters (heart rate, blood oxy, body temperature and TCM itself).

## **11. Medical Records**

This feature is using for uploading medical data, in the form of a history of disease or the like. Medical data will be used to assist health analysis.

## **12. Nearest Hospital**

This feature is using for revealing information about the nearest hospital, so that assistance can be done immediately.

## **13. Emergency Calls**

This feature is using for make an emergency calls based on registered telephone numbers.

## **14. Geofencing**

This feature is using for monitoring the location of unusual temperature conditions in an area within a certain radius.

## **15. Themes**

Can be using for the customization of the watch face background on the smartwatch.

## **16. Smart Reminder**

Use as reminders regarding medical, drinking water, sports, alarms, and applications.

## **17. Health Report**

Use it to reveal health analyzers based on medical parameters in the application.

## **18. Device Management**

Use it to perform device management or settings such as:

- a. Screen lock
- b. Find Smartwatch
- c. Music control
- d. Remote camera
- e. Electronic fence
- f. Firmware information
- g. Unbind the device

## **19. Settings**

Use it to perform general settings such as

- a. Accounts and security
- b. Unit
- c. Language
- d. About WISH
- e. Exit application

## **20. Telemedicine**

Telemedicine makes it easy for users to consult a doctor either via chat or video call through the chosen Health Application. The Health application here will answer questions related to health conditions quickly and precisely.

### **How to Assembly WISH strap/rubber:**

- Each end of the strap has a small metal rod (spring bar).
- Press the small metal into the hole in the smartwatch machine until it fits.


## How to wear WISH

- Choose the wrist that is the most comfortable.
- Insert the end of the strap into the other strap.
- Choose the hole you feel most comfortable with.
- Hook the strap hole with the hook of the strap opposite.

## How to sync the smartwatch with the application on the smartphone:

- WISH smartwatch is supported with WISH application for easy monitoring of health data. One smartwatch device is used for one WISH application.
- Download & install the WISH application on the Play Store/App Store, then grant the application permission to access permissions (GPS & Bluetooth).
- Register with a mobile number or email

Password login >



### Sign Up

Email


Verification

Wish Term of Service  
Legal notice and privacy policy

Sign up by mobile number

Password login >



### Sign Up

Phone number

Verification

Wish Term of Service  
Legal notice and privacy policy

Sign up by mobile number

- Type your first name, last name, password, and other required information.
- Enter the target steps to be achieved.

### **Target Steps**

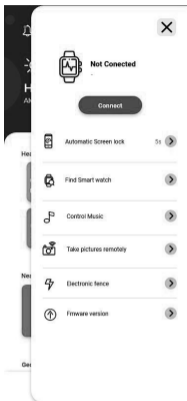
Help us customize the right exercise plan for you

Set the target of steps ( steps )

The target number of steps is used to urge the daily exercise volume to reach the standart

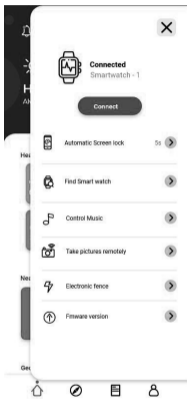
**Create Account**

- Then set Bluetooth synchronization so that the watch is connected with the smartphone by pressing the “Connect” section on the adjust menu.





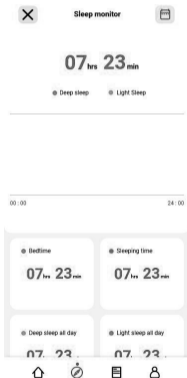
- When a Bluetooth smartwatch search application has been found, select Bluetooth watch.
- Now you have successfully connected the smartwatch with the WISH application.



# Instructions for Using the WISH Features

## 1. Sleep Monitoring

This feature can be used when the smartwatch user is going to sleep. The smartwatch will calculate the quality of your sleep while user is asleep using the smartwatch. Sleep quality calculations will appear in the explore menu on the WISH application on the smartphone by open the "Sleep Monitoring" menu.



## 2. **Body Temperature**

To use the body temperature feature, you can go through the smartwatch or through the WISH application on the smartphone.

- On the smartwatch, swipe the screen up or down to find the temperature logo.
- Press a few moments then release to start taking body temperature.
- Wait for body temperature results.

## 3. **Heartrate**

To use the heart rate feature, you can go through a smartwatch or via the WISH application on the smartphone.

- On the smartwatch swipe the screen up or down to find the heart rate logo.
- Press a few moments then release to start taking heart rate for automatically.
- Wait for heart rate results.

## 4. **Blood Pressure**

To use the heart rate feature, you can go through a smartwatch or via the WISH application on the smartphone.

- On the smartwatch swipe the screen up or down to find the blood pressure logo.
- Wait a few moments for the smartwatch to start automatically measuring the results for blood pressure.

## 5. **Blood Oxygen Levels**

To use the features of oxygen levels in the blood, you can go through a smartwatch or through the WISH application on the smartphone.

- On the smartwatch, swipe the screen up or down to find the logo for the oxygen level in the blood.
- Wait a few moments for the smartwatch to start automatically measuring the results for the oxygen level in the blood.

## **6. Blood Sugar**

To use the blood sugar feature, it can be checked via the smartwatch or WISH application on the smartphone.

- On the smartwatch swipe the screen up or down to find the blood sugar logo.
- Wait a few moments for the smartwatch to start automatically measuring the results for blood sugar.

## **7. Cholesterol**

To use cholesterol features, you can go through a smartwatch or through the WISH application on the smartphone.

## **8. Stress Level**

To use stress level features, can be access either through a smartwatch or through the WISH application on the smartphone.

- To use stress level features, can be accessed either through a smartwatch or through the WISH application on the smartphone.
- Wait a few moments for the smartwatch to start measuring the stress level automatically.

## **9. Sports**

- Select the Sport icon.
- Select Run, Walk, Cycling, Swing, or Fitness to finish.
- Press 3 seconds on the screen and choose whether the record will be saved or not.

## **10. Tongue Image Analysis**

This feature can only be use in the WISH application on the smartphone.

- On the main page of the application on the health check-up, select the icon or tongue image analysis section.
- Then click the tongue icon to start detection.
- Select shooting directly or via album, wait a few moments until the detection results displayed.
- On the smartwatch swipe the screen up or down to find the cholesterol logo.

- Wait a few moments for the smartwatch to start measuring cholesterol results automatically.

## **11. Medical Records**

This feature can only use in the WISH application on the smartphone.

- Enter the explore menu on the smartphone and open "medical record".
- Select the add (+) icon to start adding a new note.
- Insert pictures of medical records, and supporting information that can be useful.
- Select a note category, then click save.

## **12. Nearest Hospital**

This feature can only be use in the WISH application on the smartphone.

- On the main page of the app, swipe to find the "Nearest Hospitals" section.
- Click a hospital to see more details about the selected hospital.
- To see more list of hospitals, click the "Other" icon in the "Nearest Hospitals" section.

## **13. Emergency Calls**

This feature can only be use in the WISH application on the smartphone.

- To enter the emergency call menu, click and hold the notification icon for 3 seconds.
- Select the call menu according to the current emergency.
- If the situation has been resolved first or is a "false alarm" click the icon "I'm safe".

## **14. Geofencing**

This feature can only be use in the WISH application on the smartphone.

- On the main page of the application, swipe to find the "Geofencing" section.
- In the geofencing section, there is a map that detects nearby people with symptoms of unusual body temperature.
- Click on the folder to enter the full geofencing menu, select the geofencing radius.

## 15. Tongue Image Analysis

This feature can only be use on the WISH application on the smartphone.

- Enter the "Explore" menu on your smartphone and open the section "Health Reports".
- Select "Tongue Scanner".
- Select "Take Picture".
- Stick out the whole tongue so that you can capture the whole image.
- Then wait a few moments to get the results.

## 16. Smart Reminder

This feature can only be use in the WISH application on the smartphone.

- Enter the explore menu on your smartphone and go to the "Smart Reminder" section.
  - a. Medication Reminder
    - Enter the medicine reminder menu.
    - Select the add (+) icon to add a new reminder.
    - Enter a description of the medicine.
    - Select "Medication Time" to set the time the medicine should be taken.
    - Select "Interval Reminder" to set the interval between reminders.
    - Select "Number of Pills" to set the amount of medicine that needs to be consumed.
    - Select "Repeat" to set the repeat reminder time.
    - Choose "Save".
  - b. Drinking Waters Reminder
    - Enter the "Drink Reminder" menu.
    - Select the add (+) icon to add a new reminder.
    - Enter a description of the drink to be consumed.
    - Select "Drinking Time" to set time.
    - Select "Interval" to set the introduction distance for the reminder.

- Select "Number of Times to Drink Water" to set the number of drinks that need to be drunk.
- Select the "Repeat" menu to set the repeat reminder time.
- Choose "Save".

c. Sports Reminder

- Enter the "Sport Reminder" menu.
- Select the add (+) icon to add a new reminder.
- Enter a description of the "Sport Information" to be performed.
- Select "Time of Exercise" to set the time for the exercise to be done.
- Select "Interval Reminders" to set the interval between reminders.
- Select "Number of Sports" to set how many times the exercise.
- Select the "Repeat" menu to set the repeat time for the reminder.
- Choose "Save".

d. Sedentary Reminders

Sedentary is any activity besides sleeping with very few burning calories such as laying down or sitting down. Sedentary needs to be restricted because this behavior risks triggering obesity.

- Enter the "Sedentary Reminders" menu.
- Select "Starting Time" to set the start time.
- Select "End Time" to set the end time.
- Select "Length of Sedentary Time" to set the interval between reminders.
- Choose "Save".

e. Alarm

- Enter the "Alarm" reminders menu.
- Select the add (+) icon to add a new reminder.
- Define the time the alarm will be active.

- Select the "Repeat" menu to set the recurrence time for the reminder.
- Choose "Save".
- f. Application Reminder
  - Activate a reminder by sliding the button to the right to bring up the reminder of the application on the smartwatch.
- g. Device Manager

This feature can only be use in the WISH application on the smartphone.

  - On the main menu and other menus, select the "Adjust" icon in the upper right corner of the smartwatch link menu.
  - Select the Connect/Disconnect icon to connect or disconnect the smartwatch with the smartphone.
- h. Automatic screen lock
  - Select menu auto screen lock.
  - Define how long the smartwatch screen will lock after being idle.
  - Choose "Save".
- i. Smartwatch Finder
  - Select "Smartwatch Finder" menu.
  - Select "Search for Device" to start searching for devices.
  - Wait for the smartwatch location results to appear.
- j. Music controller
  - Select the "Music Control" menu.
  - Select a music application on your smartphone.
  - Control music as you wish via the smartwatch.
- k. Camera Controller
  - Select the camera controller menu.
  - Take a picture from your cellphone camera by shaking your smartwatch.
- l. Electronic fence
  - Select the "Electronic Fence" menu.
  - You can see the radius of the electronic fence.



m. Firmware version

- Select the "Firmware" menu to find out the firmware version.
- Select update to upgrade the Firmware version.

### **How to Remove a Watch**

- Remove the latch from the hole on the strap.
- Remove the strap from the hook on the reverse strap.

### **How to Remove the Strap from the Watch**

- Remove the rod on the smartwatch latch.
- Take the stick out of the hole in the smartwatch machine.

### **How to Charge the Battery**

- Plug the charger to the smartwatch machine/smartwatch body.
- On the charger clamp there is a gear that must be placed on the 2 yellow dots behind the smartwatch machine/smartwatch body.

### **Note**

- It takes approximately 1-2 hours to fully charge the battery.
- Connect the strap to the smartwatch machine on the top and bottom sides.
- Bluetooth will be disconnected when the distance is exceeded. When the connection is lost, some functions cannot be synchronized, such as the smartwatch search feature.
- Please reconnect with Bluetooth if it is disconnected. Connect manually if Bluetooth is disconnected for 5 minutes.
- Please grant access to the phonebook, GPS or location, camera, storage permissions to perform feature optimization.
- When playing music, the music information will be not displayed. The following are general troubleshooting methods for smartwatch problems, if they are not resolved, please contact the dealer or our appointed service center.

- In case you cannot turn on the smartwatch when pressing the power button is too short, please hold it for more than 3 seconds. Low power, please charge the smartwatch.
- Low power auto off, please charge the smartwatch.
- Short usage time. Battery is not full, make sure it is full charge (full charge takes at least 2h).
- Cannot charge. The battery life will decrease after a few years, check if the battery works.  
Replace a new charger if it doesn't work. Please check that the slot connects properly, if not, please try again.
- Cannot find Bluetooth when connecting, hold the smartwatch close to the cellphone, try searching for Bluetooth connection again.

### **Disclaimer:**

#### **Outside the Box:**

This product is not intended for use as a medical device. Data only for reference.

#### **Inside the Box:**

We do not make any guarantees about the accuracy of this information. Any action you take with the information on this device is entirely at your own risk, and we will not be responsible for any loss and damage in connection with the use of our device. By purchasing, licensing, viewing, using and/or accessing the system, you are aware and agree that the system provided by WISH is: (i) not certified as a medical device; (ii) is not intended for clinical or diagnostic use and (iii) is intended for reference only.

You further acknowledge and agree that you will use and access the system (iv) comply with all applicable laws and regulations; and (v) in accordance with user documentation, instruction manuals, guides and / or requirements that we provide to you.

No system should be used to (vi) diagnose, treat or cure the human condition or in life-saving situations; (vii) support professional medical decisions, diagnoses or treatments, or (viii) replace diagnoses, recommendations, advice, treatment or decisions by a trained and licensed doctor. The use of the system with real subjects may result in serious injury or death.

### **Attention**

WISH makes no representations or warranties and is not responsible for that medical systems and information or references provided on the systems: (a) will always be available, or available at all; or (b) is error-free, complete, true, accurate, current and/or not misleading. Your use of the system is with the full knowledge and awareness that you are waiving any claims you may have for relying on any information or training presented through the system.

#### **• Limitation of responsibility**

In any situation WISH be liable for loss of use, loss of profit, business interruption or any indirect, special, incidental, punitive or consequential damages (including loss of profit), regardless of the form of action, whether in contract, error (including negligence), strict product liability, or vice versa, even if WISH had been notified or should have been aware of the possible defect. Further, WISH also has no liability whatsoever regarding damages arising from or related to unauthorized access, use and/or alteration or destruction, by any third party, including any user, of any system or data contained in it or created by your system or device system. This policy is subject to change over time. Updated versions will be authorized when available on our website.

## Description of Waterproof Level

WISH is equipped with a waterproof feature level IP67

## The WISH Specification :

Bluetooth Chip	nRF52832
Heart Rate Module	HRS 3300
Body Temperature Module	CT1711
Charging Voltage	5V
Screen Display	1.4 inch IPS
Batter Capacity	240mAh
Strap Material	Silica Gel
Watch Memory	512k
Touch Method	Fullscreen Touch
Motor	Built in, Vibration Alert
Charging Interface	USB Charging Clip Charging
Color Screen	Waterproof Rating IP67
Body Material	Zinc Alloy (vacuum plating)
Topside	2.5D Tempered Glass

## Smartphone Specification

Type of Software	Software Name
Android	
Bluetooth Version	BLE 5.0
The Bluetooth Chip	nRF52832
Charging Voltage	5 Volt
Battery Capacity	3000mAh
OS	Android 5 (Lollipop)
IOS	
Bluetooth Version	BLE 5.0
The Bluetooth Chip	nRF52832
Charging Voltage	5 Volt
Battery Capacity	3000mAh
OS	IOS 10

## Warranty Terms

1. This warranty applies only to WISH products whose data is stated on this Warranty card.
2. The specified time of period is 6 months for the sensor, screen, battery, and smartwatch machine.
3. The warranty listed in this Warranty Card is only valid for the first buyer of the products stated in this warranty card and is not transferable to anyone.
4. The warranty card only applies to defects/production errors made by the factory.
5. Repairs are only done at the address listed by including a warranty card and purchase receipt which can prove the date and place of purchase of the product.
6. The guarantee is only valid in the territory of the Republic of Indonesia.
7. The warranty card is only valid if it is accompanied by complete information (customer name, telephone number, date of purchase, etc.).
8. The warranty card must not be damaged.
9. The warranty does not apply to outer shells/parts, other accessories, consumables (rubber covers, etc.).
10. This warranty covers the cost of repairing and replacing tools or spare parts but does not include shipping, transportation, and handling costs incurred due to product delivery.
11. All warranty information, product features, and specifications are subject to change without prior notice.
12. Service Center's decision regarding all matters relating to damage, the way it is made, or the material of the product is the final and determining decision, and the buyer hereby agrees to comply with this decision.

\*Service center has the right to refuse if the above conditions are not fulfilled

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For more information, please contact:

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